



Loch PS

Nurture Principle of the Week 2



As you know, at Loch Primary School and Nursery, we strive to be a 'nurturing school' as we believe it is important to ensure our pupils are in a nurturing environment that supports them to learn. Nurture helps us to develop our social and emotional skills to support our development as well as to develop our resilience. We planned to launch our Child Friendly 'Six Principles of Nurture' during our 'Nurture Week' in May. This is now postponed until next session but we want to continue to promote the 'Six Principles of Nurture' online by launching a 'Nurture Principle of the Week' each week with some suggested activities.

If you complete any of the suggested activities, we would love to see a photograph of this. Please upload it to Google Classrooms or send an email to Miss Simpson (gw14lochpsht@glow.sch.uk). If your parent/carer is happy for this to be shared on our website or Twitter, please ask them to write this on your message.



Our 'Nurture Principle' this week is:
The Classroom Offers a Safe Base
"The Classroom is a Safe Place"



Suggested activities:

- Make an "I am Safe at School" poster about being safe at Loch PS. Think about what makes you feel safe, the people that make you feel safe and what makes your classroom safe.
- Write a persuasive letter to a new pupil joining Loch PS. Include reasons as to why they should come to Loch PS and why it is a safe school.
- Create a fact file about a person who makes you feel safe (parent/carer, friend, family member, teacher, community helper etc).
- Draw a picture of a place where you feel safe at school or at home.
- If you could create a 'safe space', what would you have in it? Can you draw this?
- Create an imaginary safe place for the playground (eg a den, gazebo, tent, tree house etc).
- Write a set of instructions for another child about how to stay safe at school (think about in the classroom, in the dining hall, at PE, in the playground, on a school trip, walking to and from school etc).
- Try some meditation to help maintain a healthy mind. You can access free meditation downloads at <http://www.teachchildrenmeditation.com/resources-to-help-you-teach-kids-meditation-mindfulness/meditations-for-teens-kids/>