

Six Principles of Nurture



at Loch PS



At Loch Primary School and Nursery, we strive to be a 'nurturing school' as we believe it is important to ensure our pupils are in a nurturing environment that supports them to learn.

Nurture helps us to develop our social and emotional skills to support our development as well as to develop our resilience.

To do this we aim to ensure we promote and embed Nurture UK's "Six Principles of Nurture" across the whole school environment.

Our Pupil Council have been working hard to make these Principles more 'pupil friendly' to develop our understanding of what these mean in practice. This leaflet details all of "The Six Principles of Nurture" as well as our 'pupil friendly' version.

"The Six Principles of Nurture"

1. Children's learning is understood developmentally

- "We all learn in different ways"



2. The classroom offers a safe base

- "The classroom is a safe place"



3. The importance of nurture for the development of wellbeing



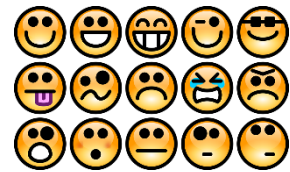
- "Nurture helps us feel good in our mind and body"

4. Language is a vital means of communication



- "The way we speak and the words we use are important"

5. All behaviour is communication



- "How we behave tells you how we feel"

6. The importance of transition in children's lives



- "Everyone faces change and Nurture can help"

At Loch PS, some of the Nurturing approaches we use are:

- Building positive relationships
- Loch PS "Promoting Positive Relationships Policy" - House System, encouraging team work and personal achievements
- "Sunshine Room" targeted group sessions
- "Nurture Talk" activities
- "Lego Build to Express"
- "Mindful Minutes" and "Sensory Minutes"
- Collaborative group tasks and Play-Based Learning
- Weekly awards and achievement celebrations
- Partnership working with Barnardo's, Place2Be and Youth Family Learning
- Whole school daily breakfast club
- Regular after school clubs offered to all stages
- Primary 6 Buddies
- Parent Support Groups - stress/relaxation workshops
- Class/School/Playground/Sunshine Room Charters
- Feelings Charts