



Lanarkshire Attachment
& Nurture Service

Motherwell Town Hall
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Hello!

My name is Fiona Bartholomew and I am a Project Worker with Barnardo's Lanarkshire Attachment and Nurture Service (LANS). I am based in Room 6 in Loch Primary School on Wednesdays and Thursdays.

Barnardo's LANS uses the 'Five to Thrive' approach to promote positive parenting skills and help you understand the things you do every day to help your child's growing brain. These are:

Respond Cuddle Relax Play Talk



Over the next few weeks I will be working with Mrs McNeill and Miss Simpson to develop a programme to meet the needs of the school. This may include providing family support at home, individual support for children in school, drop in sessions for parents/carers, various clubs, groups and activities for children, stay and play sessions as well as Book bug sessions. You will be able to keep up to date with the groups and sessions that are running via the school newsletter and website.

If you feel that you, your child or your family could benefit in any way, please speak to Mrs McNeill or Miss Simpson. You are also welcome to pop in and see me between 9am and 10.30am on a Thursday morning.

Looking forward to meeting you.

Fiona Bartholomew
Project Worker