



## Community Connections



Let's work together to tackle poverty

## Cambuslang

- Location
- Money
- Household
- Food
- Clothing
- Internet/IT

South Lanarkshire Warm Welcome initiative, is a network of places where residents can go this winter. As well as somewhere warm, venues will be offering different types of support, activities, and facilities. You can find venues near you by using the postcode checker available at [www.southlanarkshire.gov.uk/WarmWelcome](http://www.southlanarkshire.gov.uk/WarmWelcome)



### 1 Rutherglen & Cambuslang Citizens Advice Bureau

We provide advice on a wide range of areas including - Benefits, Debt, Consumer, Employment, Housing, Relationship and Utilities.

**Address:** Whitlawburn Community Resouce Centre, 57 Belmont Road, Cambuslang G72 8PG  
**Tel:** (0141) 646 3191

**email:** [Bureau@Rutherglencab.casonline.org.uk](mailto:Bureau@Rutherglencab.casonline.org.uk)  
**Web:** [rutherglencab.org.uk](http://rutherglencab.org.uk)

**Open:** Thursday & Friday 10am - 3pm

**Access:** Clients from G72/G73 post code area can request an Appointment - provided by calling the Bureau telephone number.



### 2 Rutherglen & Cambuslang Citizens Advice Bureau

We provide advice on a wide range of areas including - Benefits, Debt, Consumer, Employment, Housing, Relationship and Utilities.

**Address:** Halfway Particip8 Hub, 234/236 Hamilton Road, Cambuslang G72 7PF  
**Tel:** (0141) 646 3191

**email:** [bureau@Rutherglencab.casonline.org.uk](mailto:bureau@Rutherglencab.casonline.org.uk)  
**Web:** [rutherglencab.org.uk](http://rutherglencab.org.uk)

**Open:** Tuesday 10am - 1pm

**Access:** Clients from G72/G73 post code area can drop-in during our opening hours.



### 3 LEAP Handy Person Service

Providing free small jobs around the home for residents of Cambuslang and Rutherglen aged 50+ all you have to do is supply the materials.

**Address:** 197 Hamilton Road, Cambuslang G72 7PJ  
**Tel:** (0141) 641 5169

**email:** [enquiries@leap-project.co.uk](mailto:enquiries@leap-project.co.uk)  
**Web:** [leap-project.co.uk](http://leap-project.co.uk)

**Open:** Mon-Fri 9am - 4.30pm

**Access:** appointments by telephone or email



### 4 Rutherglen & Cambuslang Citizens Advice Bureau

We provide advice on a wide range of areas including - Benefits, Debt, Consumer, Employment, Housing, Relationship and Utilities.

**Address:** Kyle Court, 17a Main Street, Cambuslang G72 7EX  
**Tel:** (0141) 646 3191

**email:** [bureau@Rutherglencab.casonline.org.uk](mailto:bureau@Rutherglencab.casonline.org.uk)  
**Web:** [rutherglencab.org.uk](http://rutherglencab.org.uk)

**Open:** Monday, Tuesday, Wednesday, Friday 10am - 3pm

**Access:** Clients from G72/G73 post code area can drop-in during our opening hours or call and request telephone advice.



### 5 Flemington Hallside Church

Meet & 2 Veg project which distributes food from supermarkets and other food retailers which has reached its 'use by' or 'best before' date and would otherwise be destined for landfill. No referral is required. Food is available from 8-9.30pm each Thursday evening. The amount of food available to individuals is determined by the amount of food received on a particular evening and the level of demand

**Address:** Flemington Hallside Church, Hutchinson place, Halfway Cambuslang G72 8XX

**Tel:** 07588441895

**email:** [lcathcart@churchofscotland.org.uk](mailto:lcathcart@churchofscotland.org.uk)

**Web:** [flemingtonhallsidechurch.com](http://flemingtonhallsidechurch.com)

**Open:** Thursdays 8-9.30pm

**Access:** Open to all. Bring your own bag



### 6 Whitlawburn Resource Centre

CAB outreach service: Thursday and Friday. Digital Drop-in proving IT support: Monday, Wednesday and Friday. Food Co-operative: Wednesday Stay Warm space: Monday-Friday (with Friday coffee morning). School uniform support, Christmas Toy support

**Address:** 57 Belmont Road, Whitlawburn, Cambuslang G72 8PG  
**Tel:** (0141) 641 5005

**Web:** [whitlawburncrc.org.uk](http://whitlawburncrc.org.uk)

**Open:** See details above

**Access:** Whitlawburn, Springhall priority, but available to all. (Exception is Cambuslang & Rutherglen Foodbank, this is referral only)



### 7 Make Grow 73 & R:evolve

Community food growing space with raised beds and platters available for use.

**Address:** 56 Hamilton Road, Cambuslang G72 7LD  
**Tel:** (0141) 641 5169

**email:** [eugenie@grow73.org](mailto:eugenie@grow73.org)

**Web:** [grow73.org](http://grow73.org)

**Open:** times vary

**Access:** please call or drop in and see us



### 8 Meet, Make and Be Mindful - Warm Places

Meet, Make and Be Mindful - Craft Cafe Warm space, snacks and wifi Clothing bank by referral

**Address:** 56 Hamilton Road, Cambuslang G72 7LD  
**Tel:** (0141) 641 5169

**email:** [revolverecycle@leap-project.co.uk](mailto:revolverecycle@leap-project.co.uk)

**Web:** [revolve-recycle.co.uk](http://revolve-recycle.co.uk)

**Open:** Thurs 10am-12pm; Fri 1pm-3pm and Sat 1pm-4pm

**Access:** Drop in



### 9 SLLC - Cambuslang Library

The library provides a selection of adult fiction and non-fiction books, photocopier, children's library and children's events, and a small collection of local history material. The library also has an ActiveIT learning centre offering 4 computers.

Part of the Warm Spaces Initiative.

**Address:** 27 Main Street, Cambuslang, Glasgow G72 7EX

**Tel:** (0141) 584 2530

**Open:** Mon - Fri 10am-5pm (closed 12.30pm-1.30pm)

**Access:** Drop in



### 10 St Brides Catholic Church

Financial support for fuel and energy needs Financial support to Families in Need Quick response to families experiencing poverty through helpers that can be called to give financial and emotional support.

**Address:** St Bride's, 21 Greenlees Rd, Cambuslang G72 8JB

**Tel:** (0141) 641 3053

**email:** [stbridecambuslang@rcdom.org.uk](mailto:stbridecambuslang@rcdom.org.uk)

**Open:** See details above

**Access:** Call or email using details above



### 11 Rutherglen & Cambuslang Foodbank

Food parcel with three days' worth of food for the whole household

**Address:** Romanian Pentecostal Church, 2 Cadzow Drive, Cambuslang G72 8ND  
**Tel:** (07393) 737030

**email:** [manager@rutherglencambuslang.foodbank.org.uk](mailto:manager@rutherglencambuslang.foodbank.org.uk)

**Web:** [rutherglencambuslang.foodbank.org.uk](http://rutherglencambuslang.foodbank.org.uk)

**Open:** Fridays, 12.30-2.30 pm

**Access:** Referral needed, available from

Citizens Advice Bureau  
Money Matters  
Social Work  
DWP (if on benefits)  
Housing Associations  
Some GPs  
Health Visitors



### 12 Rutherglen & Cambuslang Foodbank

Food parcels with 3 days' worth of food for the whole household

**Address:** Whitlawburn Community Centre, 57 Belmont Rd, Cambuslang G72 8PG  
**Tel:** (07393) 737030

**email:** [manager@rutherglencambuslang.foodbank.org.uk](mailto:manager@rutherglencambuslang.foodbank.org.uk)

**Web:** [rutherglencambuslang.foodbank.org.uk](http://rutherglencambuslang.foodbank.org.uk)

**Open:** Tuesdays, 6-8 pm

**Access:** Referral needed, available from

Citizens Advice Bureau  
Money Matters  
Social Work  
DWP (if on benefits)  
Housing Associations  
Some GPs  
Health Visitors



### 13 Cambuslang Parish Church

Meet & 2 Veg project which distributes food from supermarkets and other food retailers which has reached its 'use by' or 'best before' date and would otherwise be destined for landfill.

No referral is required. Food is available from 9.15 pm until 10:pm each Monday and Wednesday evening.

The amount of food available to individuals is determined by the amount of food received on a particular evening and the level of demand.

**Address:** 1 Arnott Way, Cambuslang G72 7JQ

**Tel:** (0141) 642 9271

**email:** [office@cambuslangparishchurch.org.uk](mailto:office@cambuslangparishchurch.org.uk)

**Web:** [cambuslangparishchurch.org.uk](http://cambuslangparishchurch.org.uk)

**Open:** Mon & Wed 9.15pm-10pm

**Access:** Drop in service, no referral required. No qualification as to residence.



### 14 LEAP Warm Places

Free refreshments, wifi and place to stay warm this winter for people aged 50+;

**Address:** Number 5 Training Suite, 5 Craigallian Avenue, Cambuslang G72 8RN

**Tel:** (0141) 641 5169

**email:** [enquiries@leap-project.co.uk](mailto:enquiries@leap-project.co.uk)

**Web:** [leap-project.co.uk](http://leap-project.co.uk)

**Open:** Mon 1pm -4.30pm  
Wed 9.30am - 4pm until March

**Access:** Drop in



### B Project 31

Free outdoor and indoor activities, events and services for children 0-12 years, parents/carers and families in Rutherglen and Cambuslang.

**Address:** Activities run in parks and venues across Cambuslang and Rutherglen

**Tel:** 0141 643 2232

**Web:** [project31.co.uk](http://project31.co.uk)

**Open:** Times vary

**Access:** Please contact us for more information on activities near you